SALUS SAUNAS

Apex / Elevation

3 & 6 Person Hybrid Saunas

Owner’s Manual

SAUNA IS FOR INDOOR/OUTDOOR USE
APEX - 240VAC 30AMP Circuit Required
ELEVATION - 240VAC 40AMP Circuit Required

Carefully and thoroughly read this Owner’s Manual before using/operating the sauna. We recommend keeping this Owner’s Manual for regular review and future reference. Follow your local codes and ordinances. The stove heater power requirements do vary among manufacturer. The stove heater must be installed by a certified licensed electrician per the manufacturer’s manual. The stove heater must be installed per the electrical code in your area with reference to the breaker and wire sizes. Models are subject to change.

Thank you for your purchase. As you remove the parts from the boxes, be sure to examine them for damages. If your unit has any damages or missing parts, please contact Salus Saunas. See the Warranty section for more information.

A Certified Licensed Electrician will be needed to install the electrical wiring. Due to the heat of the sauna, it is required that copper wire with 90^{o} Celsius rating be used. Aluminum wiring cannot be used in this application. Consult with your electrician regarding the electrical requirements in your area. All wiring must be in accordance with all national, state, and local codes and regulations. Your electrician will supply the needed wiring and connections.

Excluding models specifically designed to be placed directly in the outdoor weather elements, your sauna can be placed either indoors or outdoors. Sauna models without a specific outdoor roofing cannot be placed directly in the weather elements. These models, if placed outdoors, can be placed under a covered structural such as a patio. Before assembling, make sure the surface in which the sauna will be placed on is level/dry and can support the weight of the sauna and its occupants. We recommend a concrete base or wood deck to support the sauna. If you will be placing the sauna directly on the ground, you must use such materials as concrete cinder blocks or other similar supporting structure to prevent the sauna from settling into the ground over time.

For sauna models specifically designed to be outdoors, the wood can withstand the weather elements with proper maintenance. The outdoor model saunas were designed to be placed in the rain and sun. Please note that the natural weathering elements will change the color of the wood over time. For sauna models placed directly in the weather elements, you will have some water seepage. The water seepage will not damage the sauna and usually dries quickly when the sauna is in operation.

The information provided in this Owner's Manual if for informational purposes only and may not be construed as medical advice or instruction. The information is not recommended for any particular treatment and in all cases, it is recommended that you consult with your medical physician before using. This product does not constitute or imply any medical endorsement. The pictures and diagrams shown within this Owner's Manual are representations of this model(s). Actual model may vary.

FOLLOW ALL INSTRUCTIONS AND BE CAUTIOUS OF SAFETY SYMBOLS. All electrical wiring must be performed by a certified licensed electrician. Although this manual is a universal manual, the information within this manual is applicable to each sauna.

High Voltage Symbol: Be cautious as there is the presence of a high voltage current that flows through the equipment!

General Caution Symbol: Be cautious as the equipment uses electrical current that can cause serious injury.

ATTENTION **WARNING**

1. Please read this Owner's Manual thoroughly before use. This will allow the user to become familiar with the operation of the control system. Please keep the Owner's Manual available for future reference. If any technical assistance or repairing is needed, please contact the manufacturer.
2. The sauna can be installed indoors or can be installed outdoors. If installed outdoors and over time, water may seep into the sauna room. When not in use and placed outdoors, a rain cover is recommended to cover the sauna room if your model does not come with an actual outdoor roof. Please note that water seepage will not hurt the wood and will usually dry quickly due to the heated environment. If you want to keep the sauna completely dry, you will need to install the sauna under a covered structure.
3. To reduce the risk of electric shock and/or fire, do not expose the control system to direct water contact or rain. Do not open the cover to the control system as there are high tension fittings that can be dangerous. Only dealer authorized qualified technicians should make any needed or necessary repairs at any time.
4. Any repairs, alterations, or modifications to the control system are not authorized unless by an approved repair technician. Any non-authorized repairs, alterations, or modifications can lead to serious injuries and can cause the unit to work outside its intended specification parameters.
5. Any non-authorized repairs, alterations, or modifications will void the warranty.
6. Before connecting the unit to a power source, please make sure that all wires, cords, and connections are connected properly. If there are any concerns, please consult with a certified electrician.
7. Make sure that the sauna is placed in a well-ventilated area. It should not be placed in an area with other thermal-radiating objects. Make sure that the vents will not be obstructed for proper air flow.

8. When the equipment is not going to be used for an extended period of time, you can disconnect the sauna from the power source or turn OFF the dedicated circuit breaker.
9. Allow 30 seconds between turning the control system “On” and “Off”. By allowing 30 seconds between powering the control system “On” and “Off” will prolong the life of the unit.
10. Confirm that you adhere to the correct power requirements of the control system. Connecting the control system to other than the required voltage can damage the control system and possibly cause serious injury. It is very important that the load parameters are consistent with that needed by the control system. Always consult with a certified electrician.
11. Canadian Red Cedar (pertaining only to sauna models constructed of Red Cedar) and its rich aroma can cause an extremely small percentage of the population to have an adverse reaction known as Multiple Chemical Sensitivity (MCS). While this is not a universally recognized disorder in the medical field, certain consumers have an adverse physical reaction to low levels of many common chemicals and cannot tolerate any aromatic oils, shampoos with perfumes infused or certain herbs with natural aromas. However, for the majority of the population, Canadian Red Cedar is the sauna wood of choice.
12. Children must use the sauna under the care of adults and only after consulting with a medical doctor. Never play in or around the sauna. Never put animals into the sauna room.
13. The power cord and plug must be located out of the reach of children and away from any water source. Please consult with a certified electrician for safety concerns.
14. Never insert body parts or any other objects into the heater. Never put any foreign objects on or in the heater. Please follow the heater instructions and safety precautions.
15. Never use or store flammable liquids/gases near or inside the sauna.
16. Never store items or objects on top of the sauna.
17. Never use the sauna or heater if the power cord is damaged. Contact Customer Service immediately and do not use the sauna.
18. Never touch the control panel, heater parts, or any electrical parts with wet hands.
19. Never use the sauna in a weather storm.
20. Make sure that the sauna sits on a level surface and the surface can support the weight of the sauna (when filled with users) which can exceed 1000 lbs. A concrete slab, concrete pavers, gravel, cinder blocks, or solid wood deck is always best for outdoor installations. In addition, be sure that the support cradles rest on cinder blocks or other structures so as to prevent sinking/settling into the ground.
21. For every (4) hours of use, the sauna should be shut down for (1) to prevent overheating and premature deterioration of the equipment.
22. Never complete unauthorized repairs on the sauna or the heater.

23. Never use the sauna in combination with alcohol, medication, or drugs.

24. Pregnant women should never use the sauna. Women should also not use the sauna during their menstrual cycle.

25. If you have any medical condition, you must consult with your medical doctor before using the sauna.

26. Be cautious not to over extend yourself after an intense exercise workout by using the sauna. You can let the body cool down for 10 - 20 minutes before entering the sauna. Do not spend more than 40 minutes in the sauna at any one time.

27. Prolonged exposure to high temperatures can cause burns. Stop using the sauna immediately if you experience overheating, dizziness, weakness, sleepiness, or fainting.

28. Consult with your medical doctor before using the sauna if you suffer from diabetes, blood circulation disease, blood pressure issues, heart disease, or obesity.

29. Watch your head when entering and exiting the sauna.

30. Never clean the sauna with chemical-based cleaners or detergents. You can clean the sauna with any non-toxic, water-based cleaners.

31. Make sure the vents are always unobstructed.

32. Being that the sauna will operate in different climates (some areas are colder than others), it is not recommended to use the Infrared sauna above 140 degrees Fahrenheit / 60 degrees Celsius and the traditional sauna above 190 degrees Fahrenheit / 88 degrees Celsius.

33. To avoid a hazard, do clean the sauna floor of all perspiration and debris after each sauna session.

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WARNING: Visually inspect all heaters before assembly to make sure they are not damaged. Any excessive vibrations during transport could cause damage to the heating elements. DO NOT START the sauna if damage is detected! Contact your dealer or manufacturer for troubleshooting and replacement parts. The wood is naturally resistant to the weather elements, but the weathering elements can affect the wood over time.

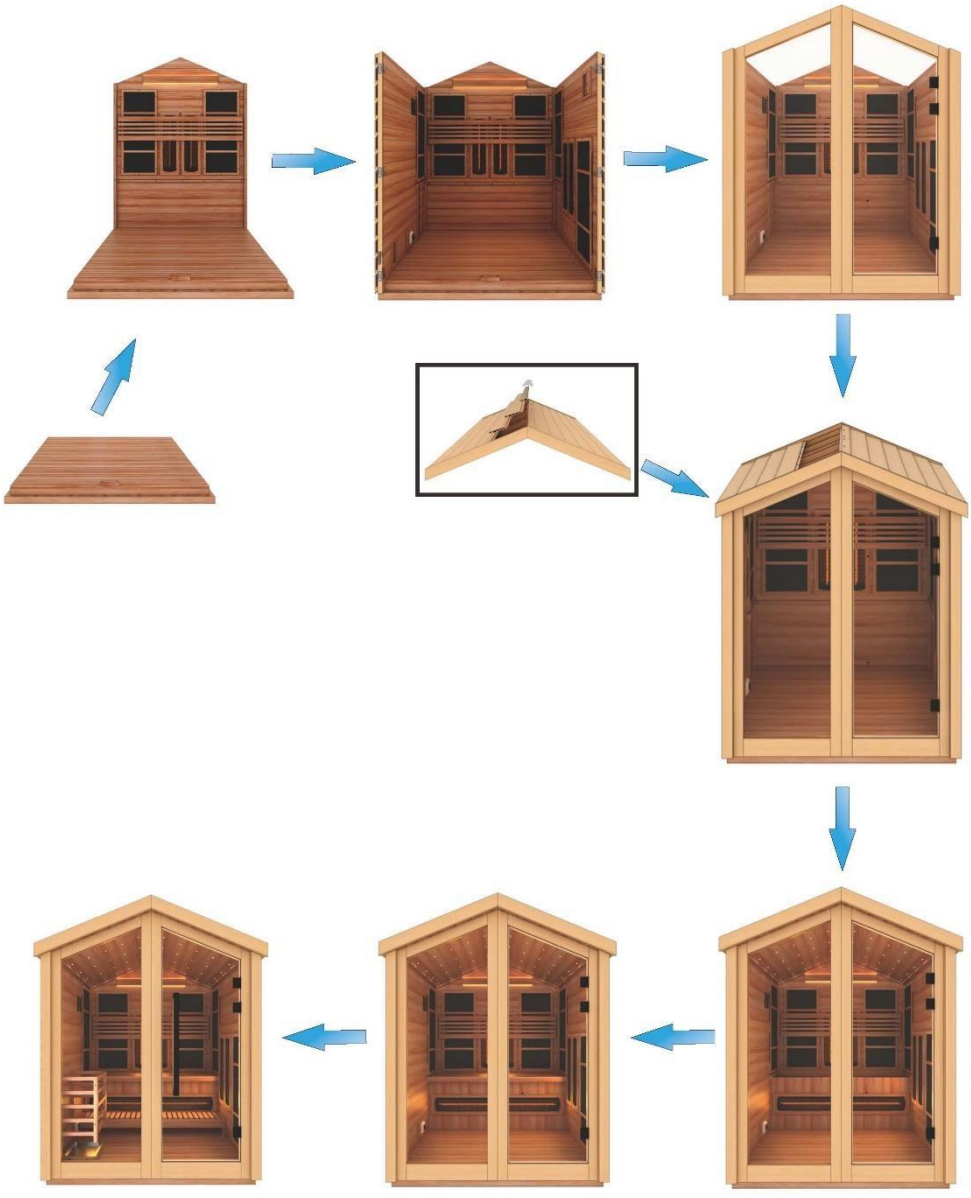
PLEASE NOTE: The pictures and diagrams shown within this owner's manual are representations of this model. Sauna Model GDI-8226-01 was used in the making of this Owner's Manual. Actual models may vary. Design and construction are subject to change. If installed outdoors and over time, water may seep between the gaps of the construction. This would be considered normal. When not in use and placed outdoors, a water proof cover is recommended to cover the sauna room.

CAUTION: Exit Sauna Immediately If You Feel Dizzy, Sleepy, Or Any Discomfort.

PLEASE READ INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

Visual Assembly Diagram

APEX

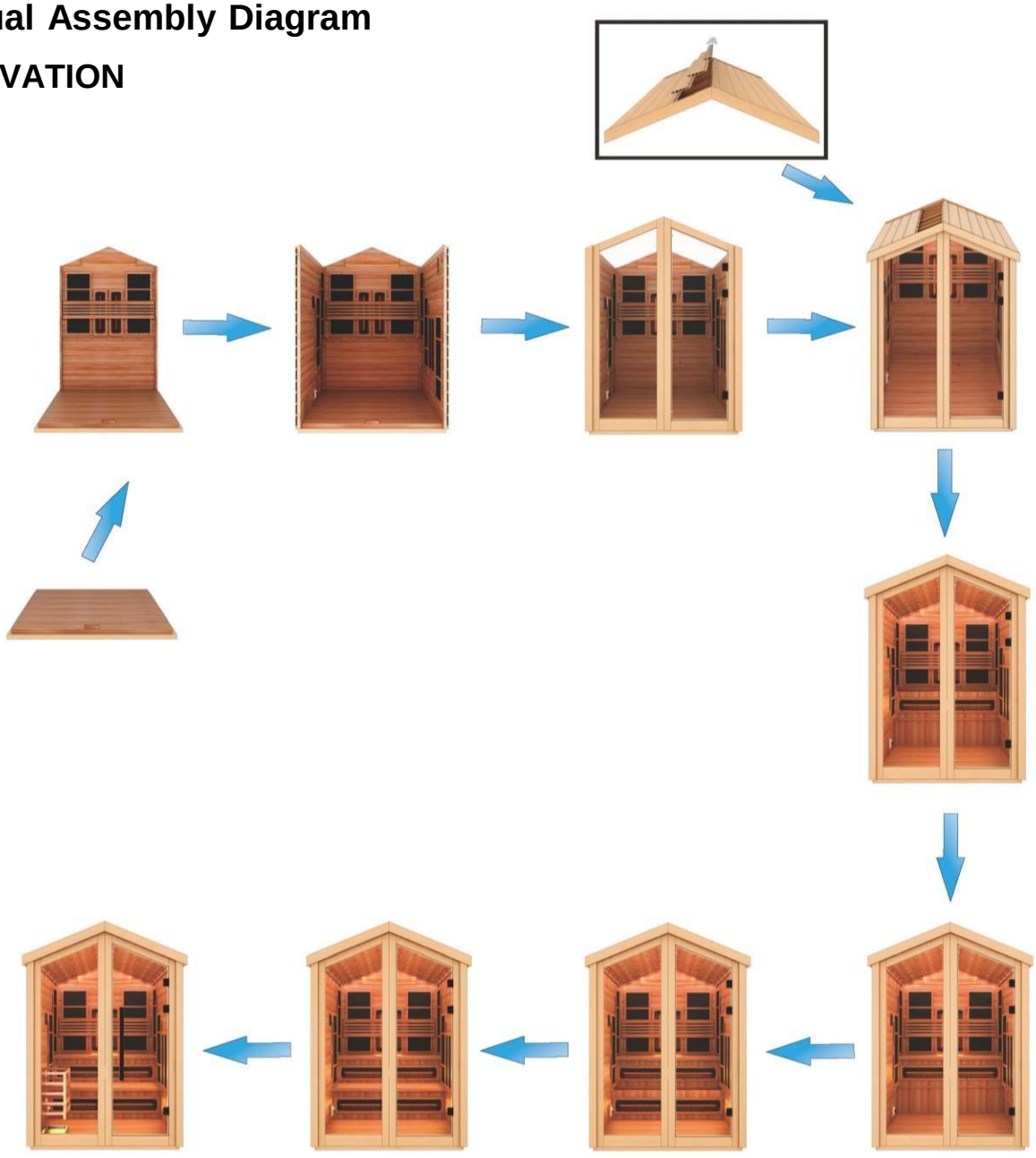


***THE ABOVE ASSEMBLY DIAGRAM IS FOR A QUICK REFERENCE VISUAL GUIDE ONLY. ALL SAUNA MODELS MAY NOT BE SHOWN. PARTS AND ACCESSORIES DO VARY AND ARE SUBJECT TO CHANGE. PLEASE NOTE THAT THE HEATER COMPONENTS ARE ALREADY MOUNTED ON THE WALL PANELS.**

PLEASE READ INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

Visual Assembly Diagram

ELEVATION



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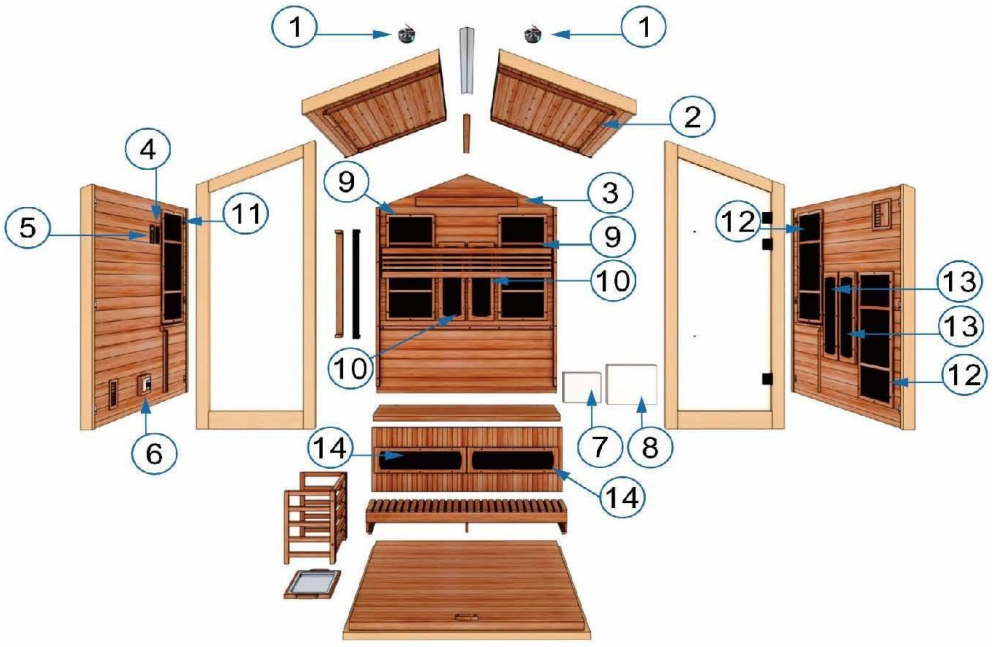
PARTS DESCRIPTION

APEX



Electronic components			
No.	Name	No.	Name
1	Resonance speaker	6	Switch power supply
2	Ceiling light	7	Power supply for lights
3	Accent light	8	Main power supply for infrared heaters
4	Control panel of light		
5	Control panel of infrared heater		

Power layout			
Location	No.	Dimension	Power
Rear wall panel	9	1000*400mm=2PCS	400W
	10	NIR Heater700*300mm=2PCS	400W
Left wall panel	11	1000*400mm=1PCS	400W
Right wall panel	12	1000*400mm=2PCS	400W
	13	NIR Heater700*300mm=2PCS	400W
Bench supporter	14	NIR Heater700*300mm=2PCS	400W
TOTAL			4400W

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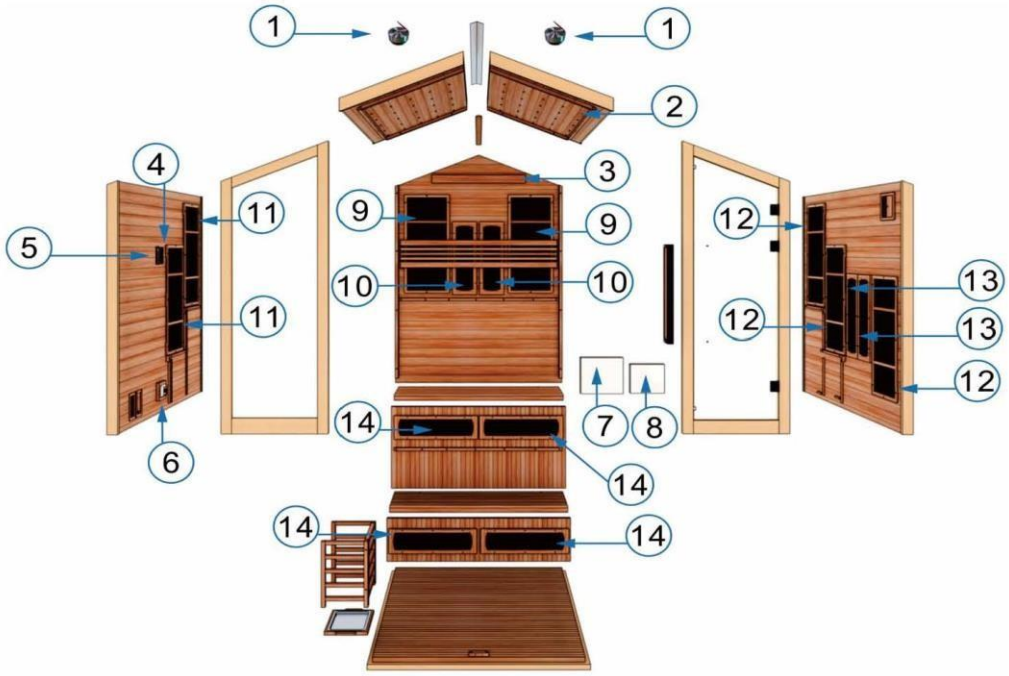
PARTS DESCRIPTION

ELEVATION



Electronic components			
No.	Name	No.	Name
1	Resonance speaker	6	Switch power supply
2	Ceiling light	7	Power supply for lights
3	Accent light	8	Main power supply for infrared heaters
4	Control panel of light		
5	Control panel of infrared heater		

Power layout			
Location	No.	Dimension	Power
Rear wall panel	9	1000*400mm=2PCS	400W
	10	NIR Heater700*300mm=2PCS	400W
Left wall panel	11	1000*400mm=2PCS	400W
Right wall panel	12	1000*400mm=3PCS	400W
	13	NIR Heater700*300mm=2PCS	400W
Bench supporter	14	NIR Heater700*300mm=4PCS	400W
TOTAL			6000W

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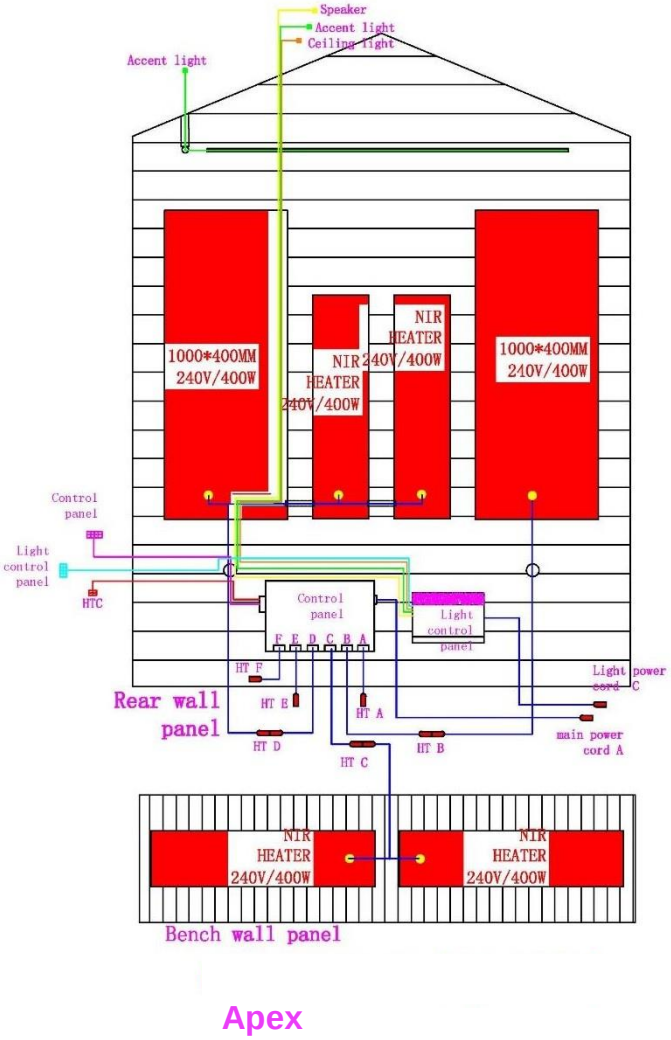
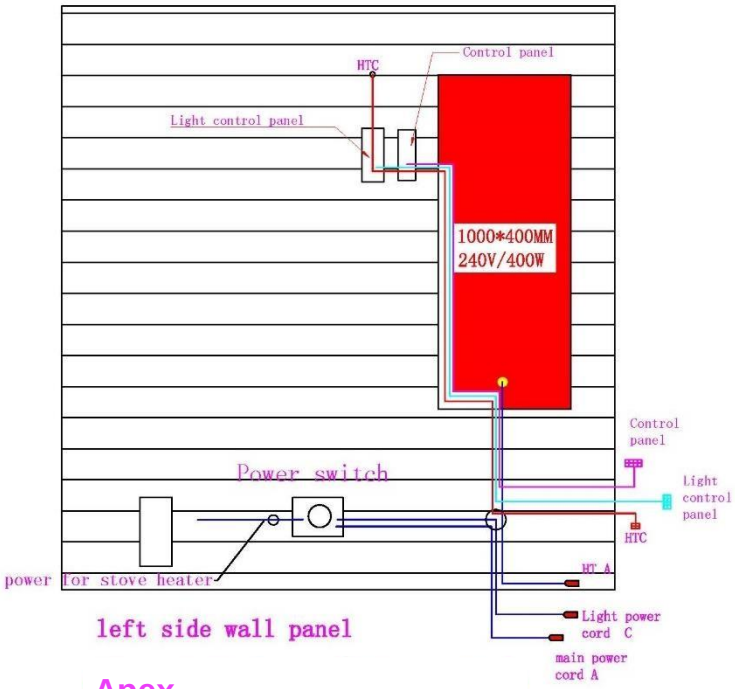
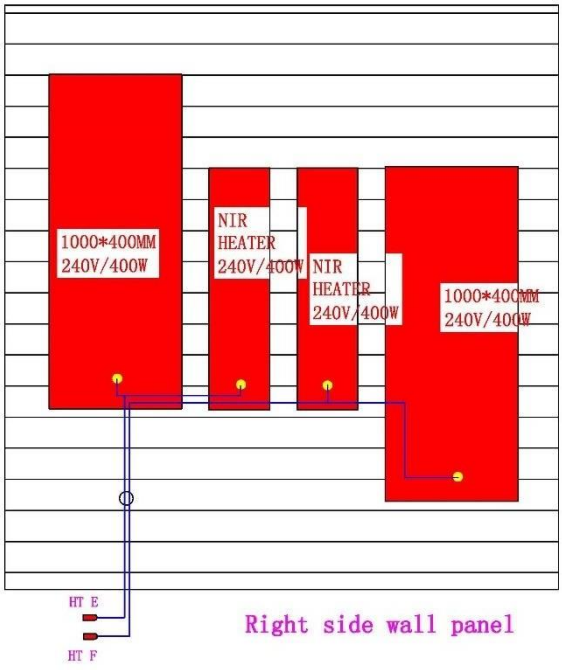
SCHEMATICS



Apex



Apex



Apex

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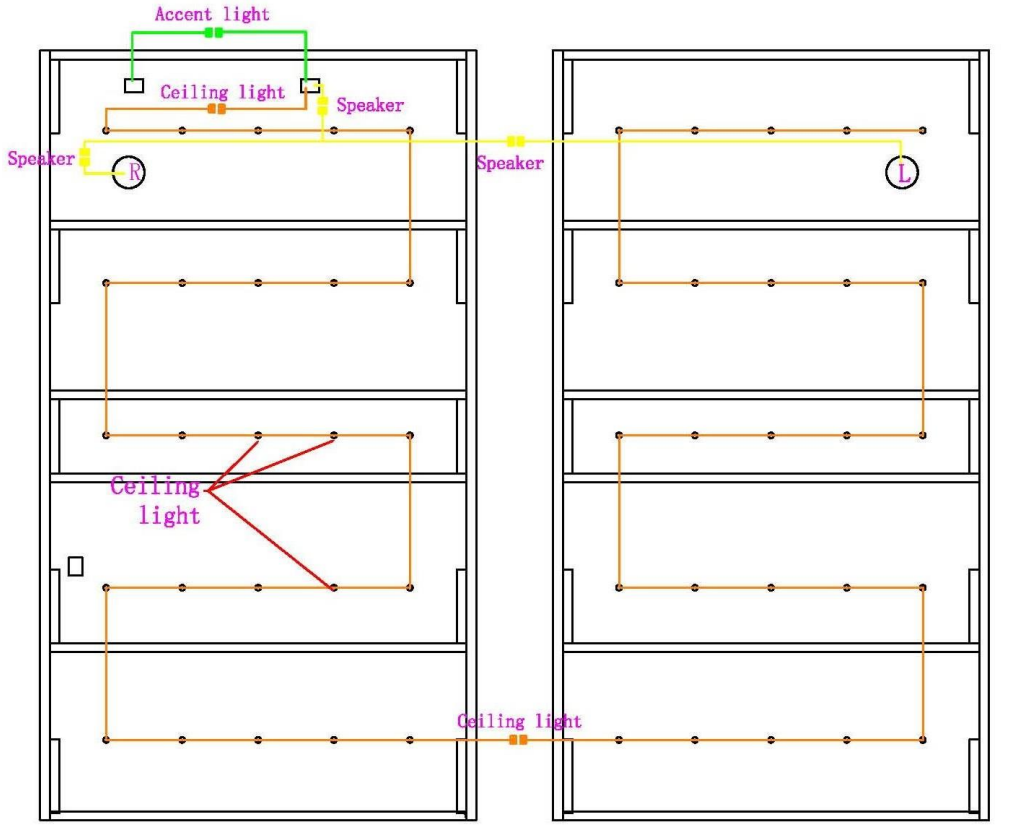
SCHEMATICS (continued)



APEX

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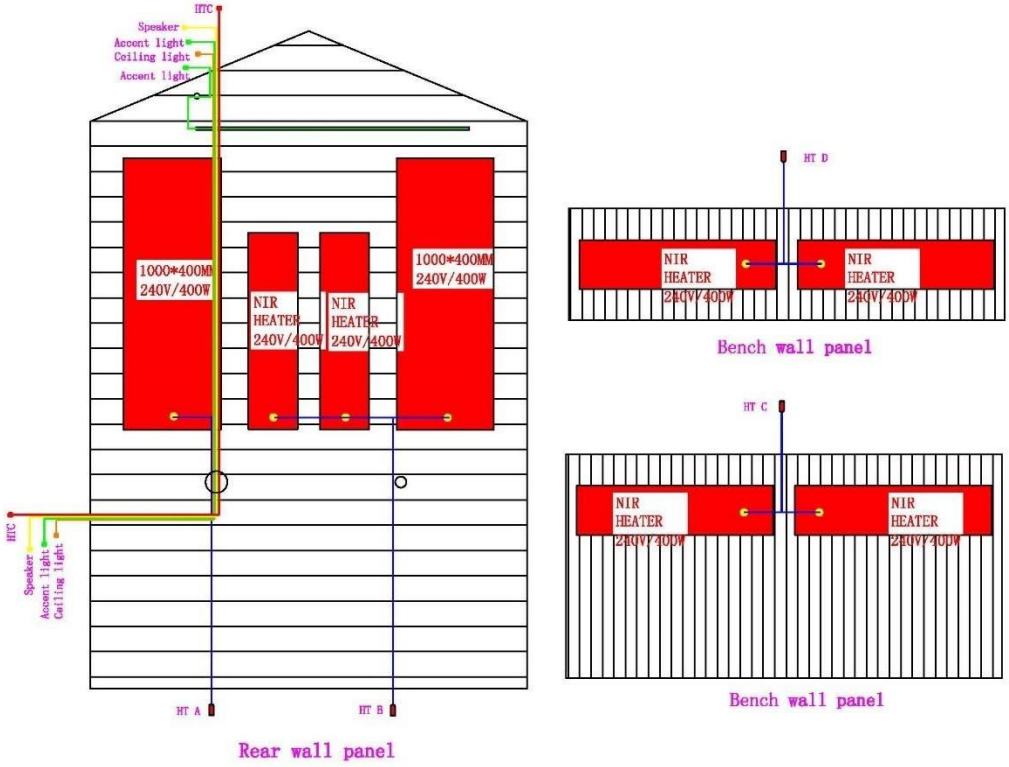
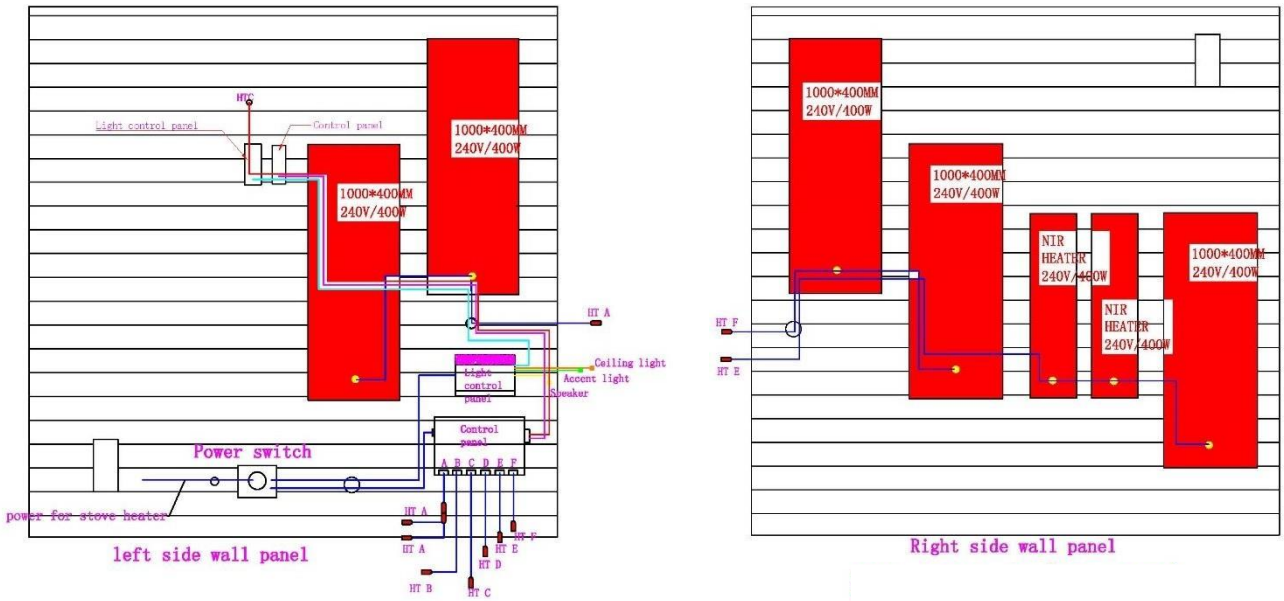
SCHEMATICS



Elevation



Elevation

Elevation

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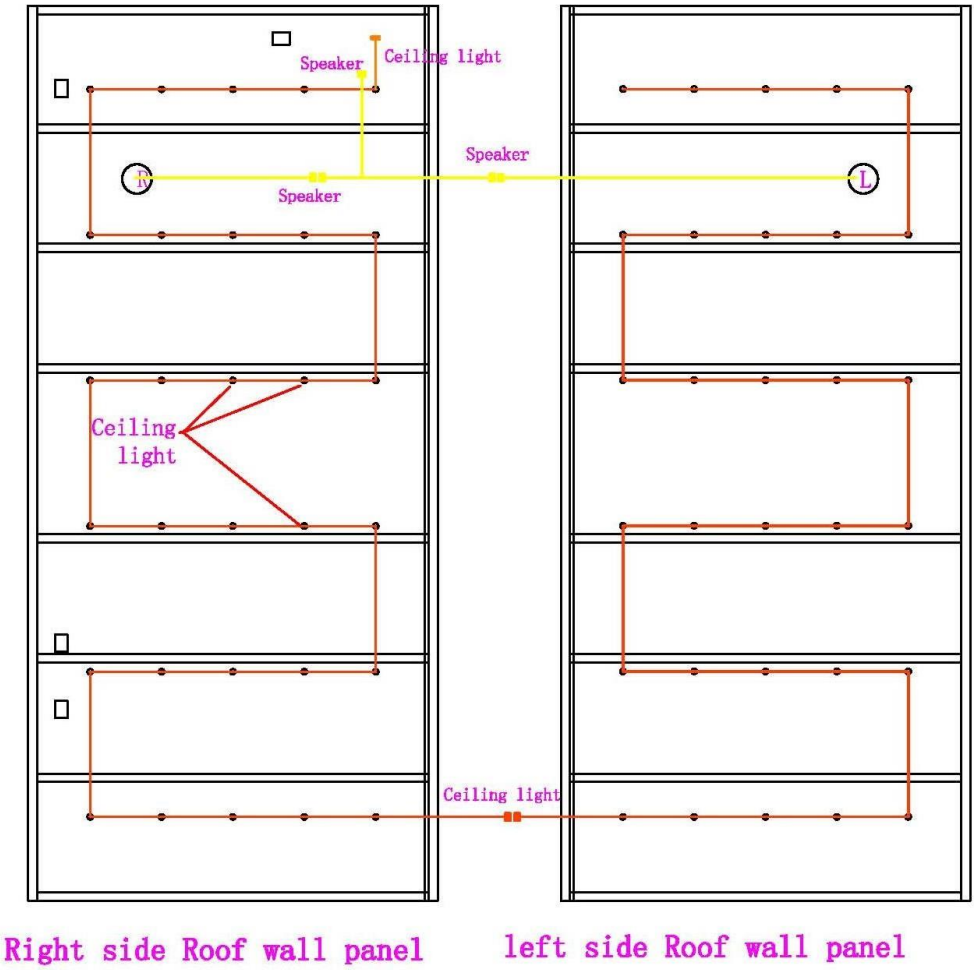
SCHEMATICS (continued)



ELEVATION

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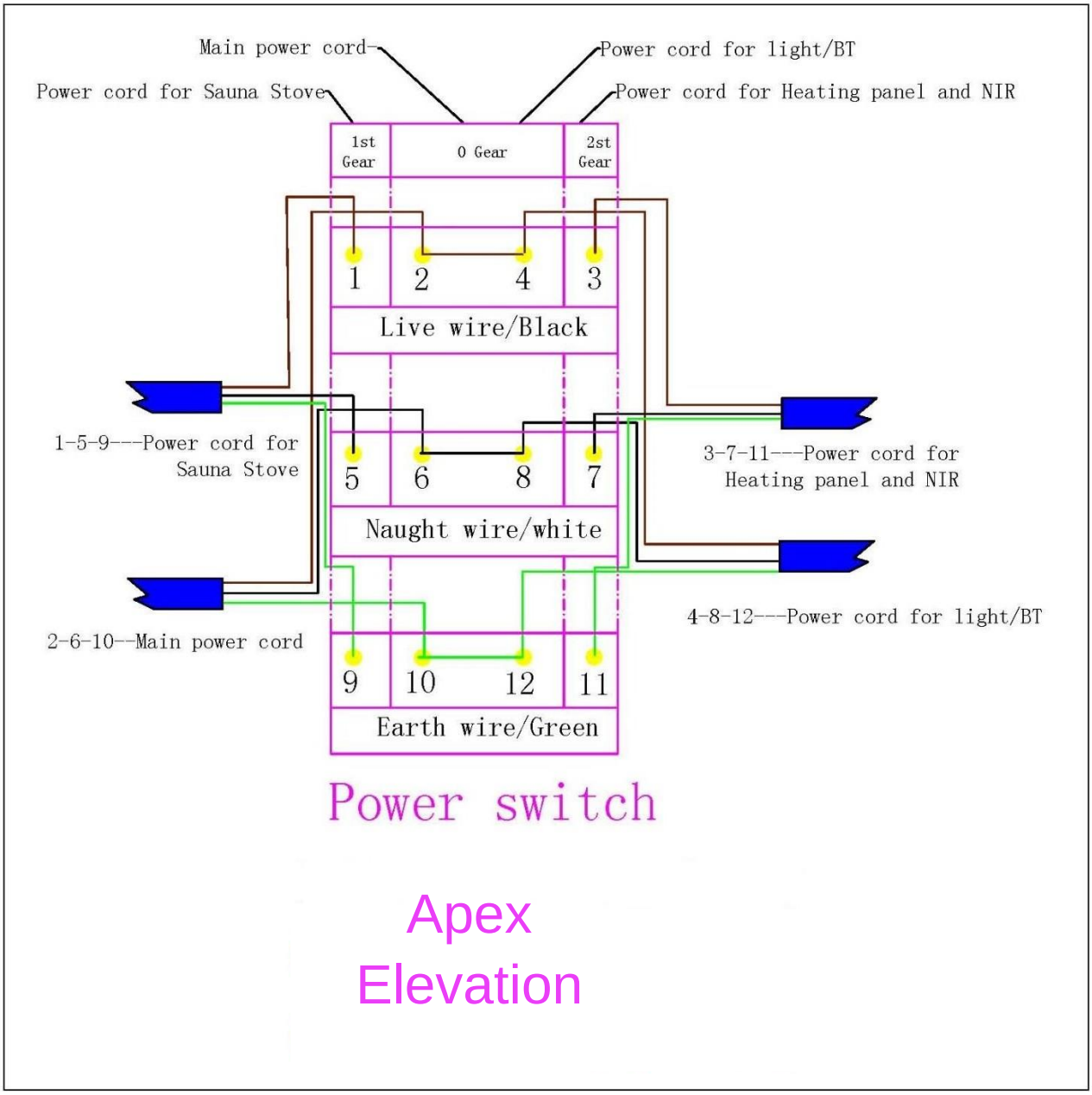
PLEASE READ INSTRUCTIONS THOROUGHLY BEFORE ASSEMBLY

Main Power Switch Schematic



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Screw Identification and Location Chart

MODEL: Apex		
LOCATION	SPECS	USAGE
Connecting Beam for LEFT and RIGHT FRONT WALL PANEL	4*50mm (stainless steel)	8
Connecting Beam for REAR WALL PANEL	4*50mm (stainless steel)	6
Connecting Beam for ROOF PANEL	5*50mm (stainless steel)	6
Connecting Beam for ROOF PANEL	4*40mm (stainless steel)	20
Connects Tiles to ROOF PANEL	4*30mm (stainless steel)	20
BENCH	4*40mm (stainless steel)	2
BENCH FOOT STEP	4*40mm (stainless steel)	4
STOVE GUARD	4*40mm (stainless steel)	8
MAIN POWER SWITCH cover	4*40mm (stainless steel)	4
Interior DOOR HANDLE	6*75mm (stainless steel)	2
Screw Cover	10*13mm (plastic)	70
Stainless Steel Tile Flange	4*40mm (stainless steel)	8
Spoon/Bucket/Sandglass/Humidometer	3*25mm (stainless steel)	3

MODEL: Elevation		
LOCATION	SPECS	USAGE
Connecting Beam for LEFT and RIGHT FRONT WALL PANEL	4*50mm (stainless steel)	8
Connecting Beam for REAR WALL PANEL	4*50mm (stainless steel)	6
Connecting Beam for ROOF PANEL	5*50mm (stainless steel)	5
Connecting Beam for ROOF PANEL	4*40mm (stainless steel)	20
Connects Tiles to ROOF PANEL	4*30mm (stainless steel)	20
BENCH	4*40mm (stainless steel)	4
STOVE GUARD	4*40mm (stainless steel)	8
MAIN POWER SWITCH cover	4*40mm (stainless steel)	4
Interior DOOR HANDLE	6*75mm (stainless steel)	2
Screw Cover	10*13mm (plastic)	84
Stainless Steel Tile Flange	4*40mm (stainless steel)	8
Spoon/Bucket/Sandglass/Humidometer	3*25mm (stainless steel)	3

Assembly Instructions

A. Choose a good location to install the sauna

1. The location must be dry, leveled, and away from any source of water.
2. The heater must be installed by a certified electrician.
3. Three adults for Apex and four adults for Elevation are required for assembly.
4. Sauna Panels: MAIN INTERIOR FLOOR PANEL– LEFT SIDE WALL PANEL – REAR WALL PANEL– RIGHT SIDE WALL PANEL– FRONT WALL PANEL– ROOF PANEL– BENCH/BENCH SUPPORTS
5. Tools Required: Battery Operated Screwdriver or Hand-Held Philips Screwdriver, Rubber Mallet, Claw Hammer, Leveler, and (2) Ladders.

B. Installing the FLOOR PANEL and REAR WALL PANEL

1. Two adults can place the FLOOR PANEL in the chosen location for the sauna room. Please note the cutout on the edge of the FLOOR PANEL. The wall panels will sit on the lower of the two edges. The wood pattern on the FLOOR PANEL will run side-to-side. You will need to have enough space to navigate around the sauna room while assembling. Next, two adults will need to place the REAR WALL PANEL up and onto the lower of the two edges on the FLOOR PANEL. Make sure that the REAR WALL PANEL and FLOOR PANEL fit together snug and tight. One adult will need to hold the REAR WALL PANEL in place. (see Figure 1)

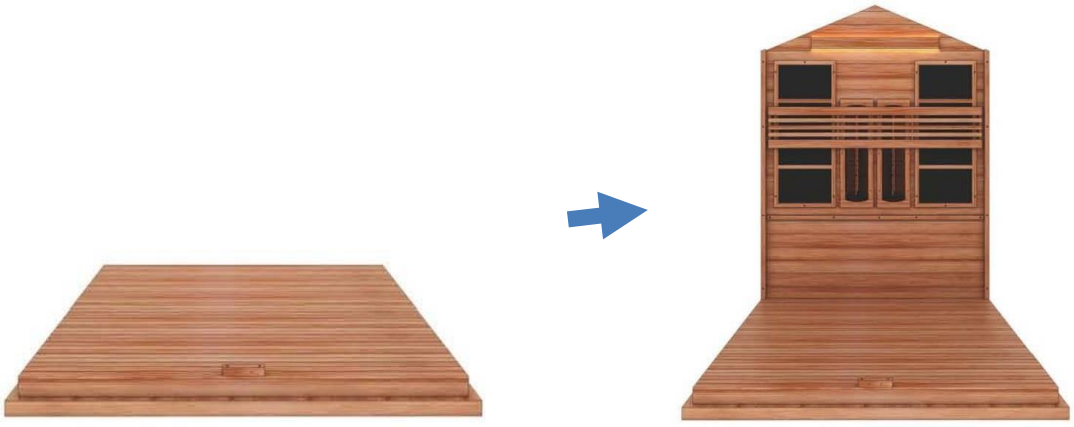
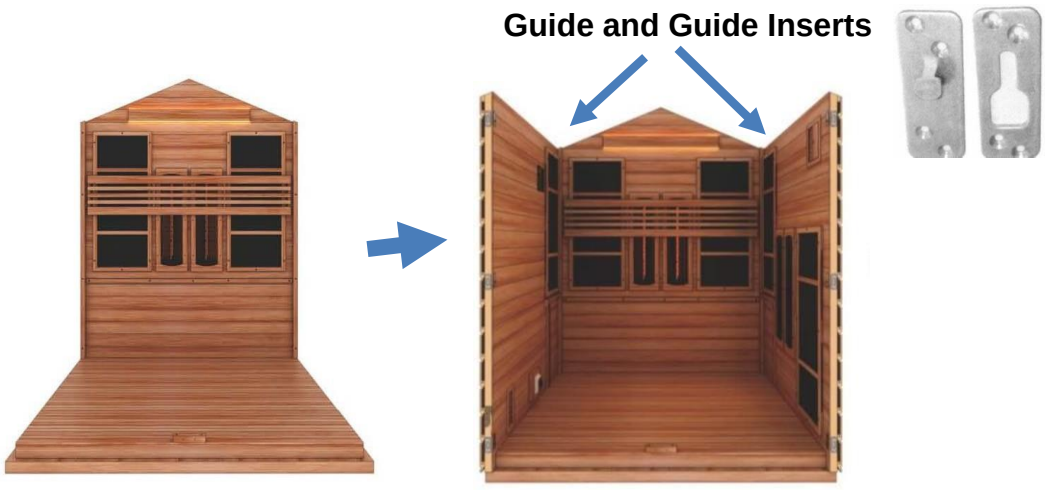


Figure 1

C. Installing the LEFT SIDE WALL PANEL and RIGHT SIDE WALL PANEL

1. For Apex, two adults can place the LEFT SIDE WALL PANEL up and onto the lower of the two edges on the FLOOR PANEL. For Elevation, four adults will be needed to lift the LEFT SIDE WALL PANEL up and onto the lower of the two edges on the FLOOR PANEL. For both models, the LEFT SIDE WALL PANEL will need to be lifted up in order to attach it to the FRONT WALL PANEL. Once the guide and guide inserts are connected, the LEFT SIDE WALL PANEL should slide down into place and both walls should be flush at the top. Make sure that the LEFT SIDE WALL PANEL and FLOOR PANEL fit together snug and tight. Use the provided screws to mount the REAR WALL PANEL to the LEFT SIDE WALL PANEL. Although the two wall panels connected together should prevent them from falling, one adult should hold them as a precaution. Next, two adults for Apex and four adults for Elevation will need to place the RIGHT SIDE WALL PANEL up and onto the lower of the two edges on the FLOOR PANEL. In addition, the RIGHT SIDE WALL PANEL will need to be lifted up in order to attach it to the FRONT WALL PANEL. Once the guide and guide inserts are connected, the RIGHT SIDE WALL PANEL should slide down into place and both wall should be flush at the top. Make sure that the RIGHT SIDE WALL PANEL and FLOOR PANEL fit together snug and tight. Use the provided screws to mount the REAR WALL PANEL to the RIGHT SIDE WALL PANEL. Do not install the side wall vertical trim pieces until after the ROOF PANEL is installed. (see Figure 2)

Figure 2



Please note that the junction boxes are not shown above on REAR WALL PANEL for Apex and LEFT SIDE WALL PANEL for Elevation.

NOTE: If any of the wall panels do not slide all the way down, then follow this tip:

1. **First, remove the side wall panel.**
2. **Locate the guide and guide insert brackets on the two wall panels (6 pieces total).**
3. **Loosen the screws on the guide and guide insert brackets by two-to-three turns (so the guide and guide inserts have a slight movement)**
4. **Reattached the wall panels**

The above will help as sometimes the guide and guide insert brackets are countersunk too deep. Please note that the guide and guide insert brackets slide together at an angle - as the wall panels slide downward, the guide and guide insert brackets pull the wall panels tighter together.

D. Installing the LEFT SIDE FRONT WALL PANEL and RIGHT SIDE FRONT WALL PANEL

1. Two adults will need to lift the LEFT SIDE FRONT WALL PANEL up and onto the lower of the two edges on the FLOOR PANEL. In addition, the LEFT SIDE FRONT WALL PANEL will need to be screwed to the LEFT SIDE WALL PANEL using the provided screws. Do make sure that the two wall panels fit together snug and tight before screwing together. It is recommended that an adult push inward on the LEFT SIDE WALL PANEL while another adult screws the two wall panels together. Once screwed together, the RIGHT SIDE FRONT WALL PANEL will need to be lifted upward in order to engage the guide and guide insert brackets on the two front wall panels. Do make sure that the RIGHT SIDE FRONT WALL PANEL slides all the way down and both walls are flush at the top. Screw the RIGHT SIDE FRONT WALL PANEL to the RIGHT SIDE WALL PANEL as done for the left side. (see Figure 3)

Figure 3

E. Installing the ROOF PANEL

1. Before installing the ROOF PANEL, you will need to remove the two tile sections of the LEFT SIDE ROOF PANEL with a Philps screwdriver. This will allow you to make the necessary connections for the ceiling lights and to screw the two ROOF PANEL sections together. Next, three adults can place the two sections of the ROOF PANEL up and onto the sauna room starting with the RIGHT SIDE ROOF PANEL and then the LEFT SIDE ROOF PANEL. You will need to feed the wire connections through the left side ROOF PANEL at the rear. See figure 4. Be sure not to pinch the wires when installing the ROOF PANEL. After the two sections of the of the ROOF PANAL have been installed, connect the wires to their respected counterparts. See figure 4. Next, use the provided screws to screw the two ROOF PANEL sections together. You can now replace the two tile sections of the LEFT SIDE ROOF PANEL. Finally, you can use the provided screws to install the ROOF stainless steel tile flange over the where the LEFT SIDE ROOF PANEL and RIGHT SIDE ROOF PANEL meet. (see Figure 4a, 4b, and 4c)

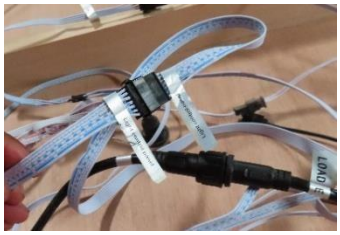


Figure 4

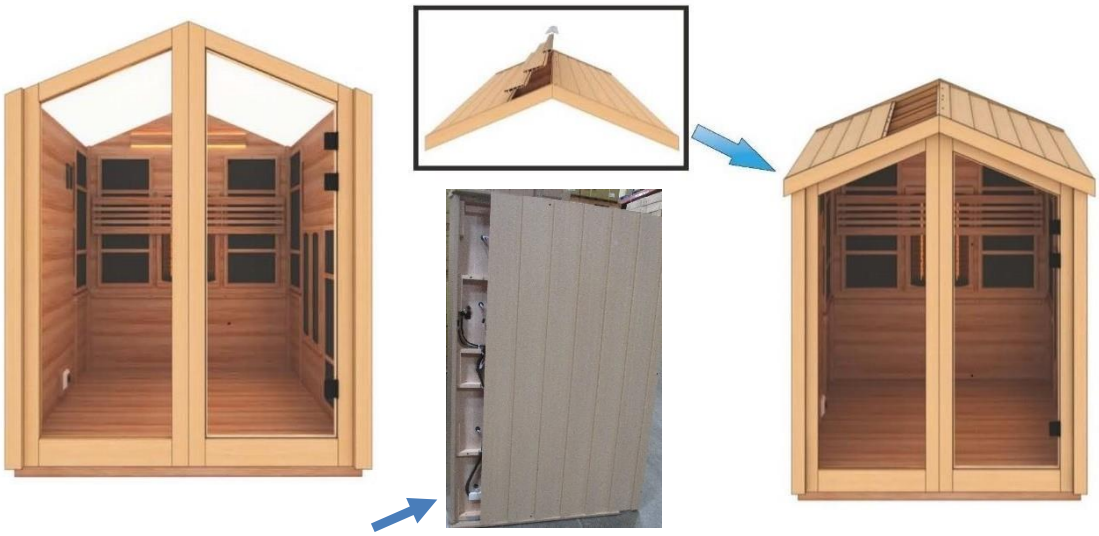
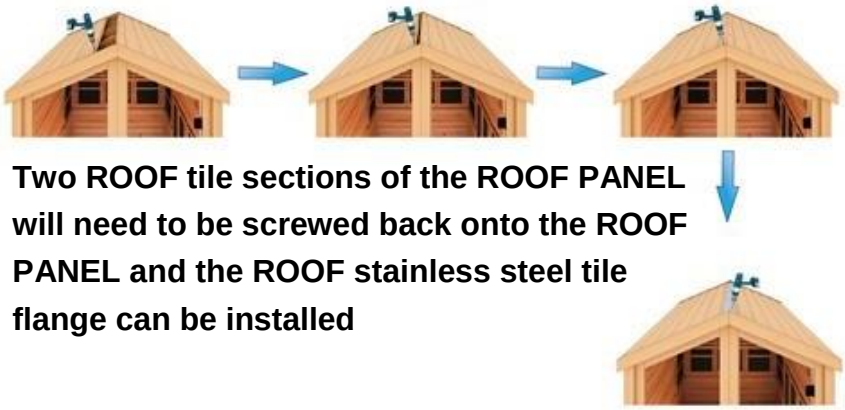


Figure 4a **Two sections of the ROOF PANEL will need to be removed before installing**

Figure 4b



Two ROOF tile sections of the ROOF PANEL will need to be screwed back onto the ROOF PANEL and the ROOF stainless steel tile flange can be installed

Figure 4c

2. You will now need to use the provided screws to mount the Roof PANEL to the side wall panels and front/rear wall panels from the interior of the sauna room. (see Figure 5)

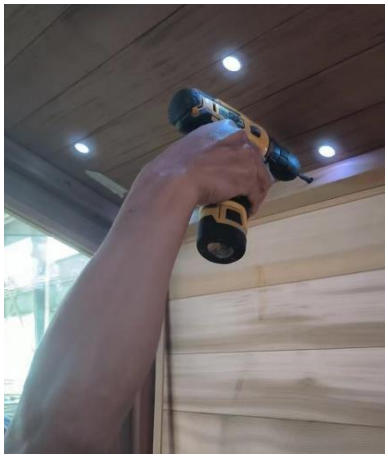


Figure 5

F. Connecting Wire Harnesses and Heater Cables

1. There are several connections needed before the BENCH and BENCH SUPPORTS can be installed. Locate the junction boxes. Next, proceed to connect the wire harnesses and heater cords to their corresponding counterparts. Make sure to connect the heater cords properly. **If the heater cord connection is inserted incorrectly, the heaters will not work.** (see Figure 6 and 6a)

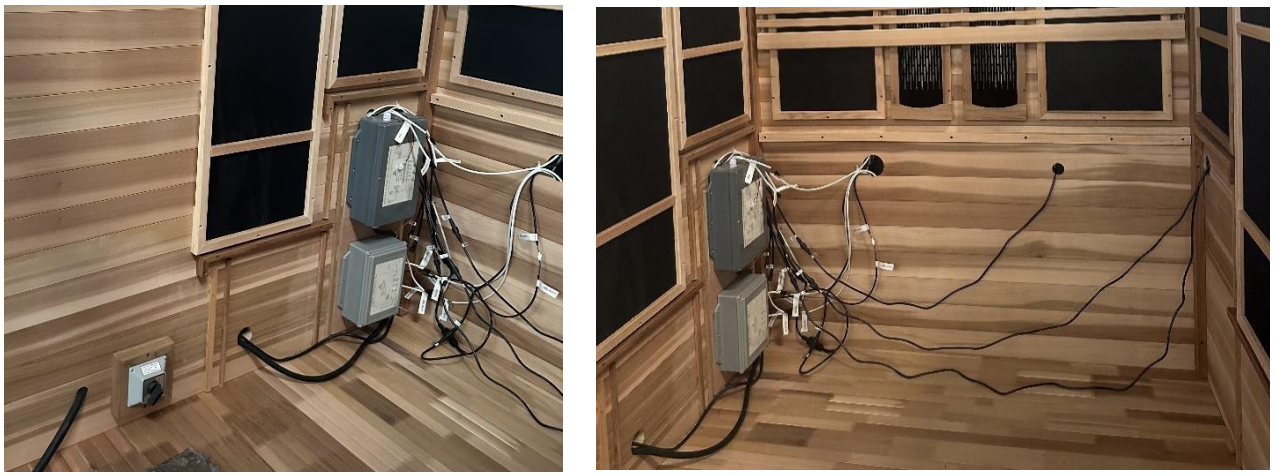


Figure 6 **Please note that the junction boxes are on the REAR WALL PANEL for Apex and LEFT SIDE WALL PANEL for Elevation.**

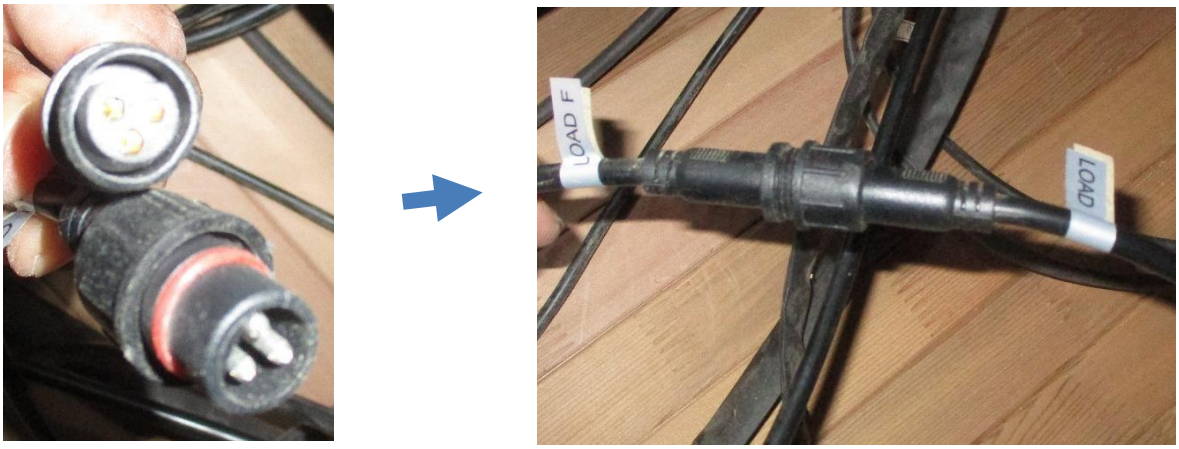


Figure 6a

G. Installing the BENCH SUPPORTS and BENCHES

1. For Apex, locate the larger of the two BENCH SUPPORTS. This will be the upper BENCH SUPPORT. The upper BENCH SUPPORT (the larger of the two BENCH SUPPORTS) will need to be installed at an angle. See figure 7. Make sure to feed the power cable underneath the BENCH SUPPORT and that the BENCH SUPPORT slides all the way down. For both models, you can locate and install the lower BENCH SUPPORT. It will need to be installed at an angle as seen in figure 7a. Proceed to make the heater cord connections that will be hidden once the BENCH is installed. For Elevation, the lower

BENCH SUPPORT heater cord can be feed through the upper BENCH SUPPORT in order to connect it to it applicable counterpart.

Figure 7

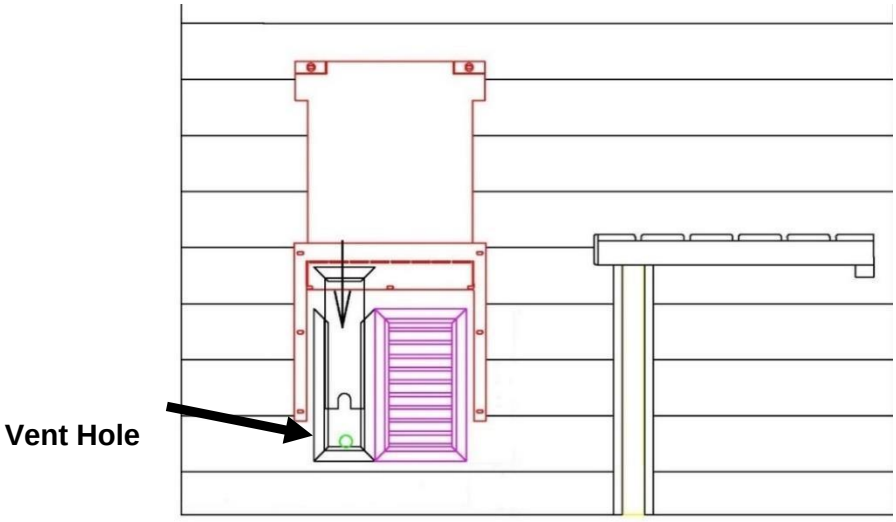
Figure 7a

2. Next, the BENCHES can be installed on top of the BENCH SUPPORTS.
3. For Apex, locate the BENCH FOOT STEP. Use the provided screws to mount the BENCH FOOT STEP on the FLOOR PANEL in front of the BENCH SUPPORT.

H. Installing the Heater and Heater Wood Guard

Please Note: The heater must be installed by a certified electrician per the manufacturer's manual. The heater must be installed per the electrical code in your area with reference to the breaker and wire sizes & wire material. Be sure to follow the manufacturer's manual for proper and safe installation of the heater. For the Harvia The Wall Heater, it is very important to run the heater power cord through the vent hole in the wall panel and close the vent before

<u>installing the heater as you will not be able to open the vent once the heater is installed. See Figure 8.</u> After the heater is mounted, you can install the wood housing for the heater. The wood housing does vary in styles.



Main Power Switch Cover (screws)

Figure 8

1. First, you will need to locate the wood housing for the heater and assemble it using the provided 3.5x40mm wood screws. (see Figure 9)

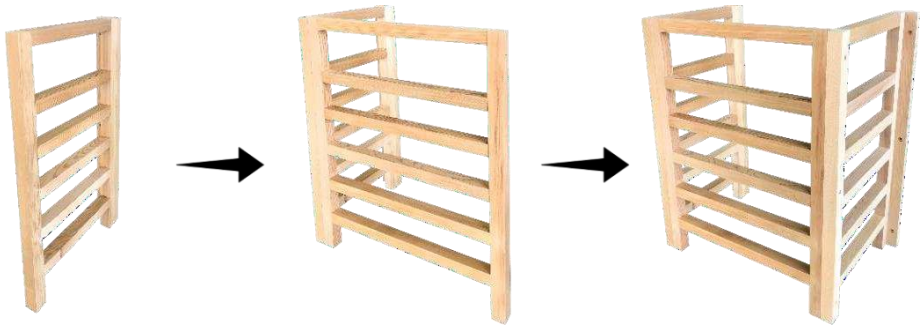


Figure 9

2. Next, you will need to mount the wood housing to the sauna wall panel using the provided screws. You will install the wood housing around the heater as the heater does get very hot. (see Figure 10)

Bird's-eye View

Apex

Elevation

Figure 10

ASSEMBLY COMPLETED

SAUNA CONTROL PANEL - GENERAL INTRODUCTION

Please note that you can either have the stove heater operating or the Infrared heaters operating, but not both at the same time. You can turn the Main Power Switch knob to the left or right to select either the stove heater or the Infrared heaters to operate. If you switch the Main Power Switch knob to the "0", then neither the stove heater or Infrared heaters will have power.

1. Description of Functions of the Sauna's Control Panel

Functions	
Touch Key technology	√
Bluetooth	√
Chromotherapy Lighting	√
Exterior Accent Lighting	√
Time/Temperature Adjustment	√

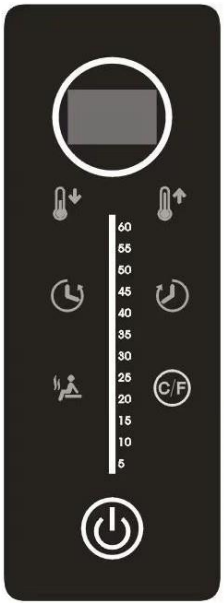
2. Control System Specifications

A. Rated Voltage: AC100V-AC240V
B. Rated Power: 50Hz/60Hz
C. Touch Key technology

CAUTION: Exit sauna immediately if you feel dizzy, sleepy, or any discomfort.

3. Control Panels:

Sauna Control Panel



Light/BT Control Panel

CONTROL PANEL OPERATION – Sauna Control Panel

1. First and to operate the Infrared sauna, be sure that the main power switch is turned to “2”. To provide power to the stove heater, the main power switch will need to be turned to “1”. To turn the power OFF, the main power switch will need to be turned to “0”.

Power to Infrared heaters

Power to stove heater

Power turned OFF

2. Once the main power switch is turned to “2”, the power button on the sauna’s control panel will become illuminated (red). You will need to press the sauna’s control panel

power button for 5 seconds or more until you hear a beep and the sauna's control panel turns ON. The LED will now be displayed. You can press the sauna's control panel button again to turn the sauna's control panel OFF. The sauna's control panel power button will return to red.

Sauna's Control Panel is OFF
(power button is red)

Sauna's Control Panel is ON
(control panel illuminated)

3. To turn on the Infrared heaters, press the indicated button below. This button will change from "red" to "green". If you press this button again, the Infrared heaters will turn OFF and the button will return to "red".

Before pressing to come ON, the button is red. After pressing, the button is green indicating the Infrared heaters are ON.

4. To adjust the timer, see the image below. You will press the clock button on either the left side or the right side. The left side adjusts the timer to decrease the time. The right side adjusts the timer to increase the time.

5. To adjust the temperature, see the image below. You will press the thermometer button on either the left side or the right side. The left side adjusts the temperature to decrease the temperature. The right side adjusts the temperature to increase the temperature.

6. To change the temperature reading between Celsius and Fahrenheit, you can press the C/F button for a few seconds until you hear the control panel beep. Once you set this setting, it will become the default setting.

7. Please note that the when you are using the stove heater, you do want to turn OFF the Sauna Control Panel and switch the Main Power Switch to “1”. The Sauna Control Panel will no longer have any illumination.

Sauna Control Panel is Illuminated

Only Power Button is Illuminated

Turn Main Power Switch to “1” for Stove Heater

Sauna Control Panel has no Illumination

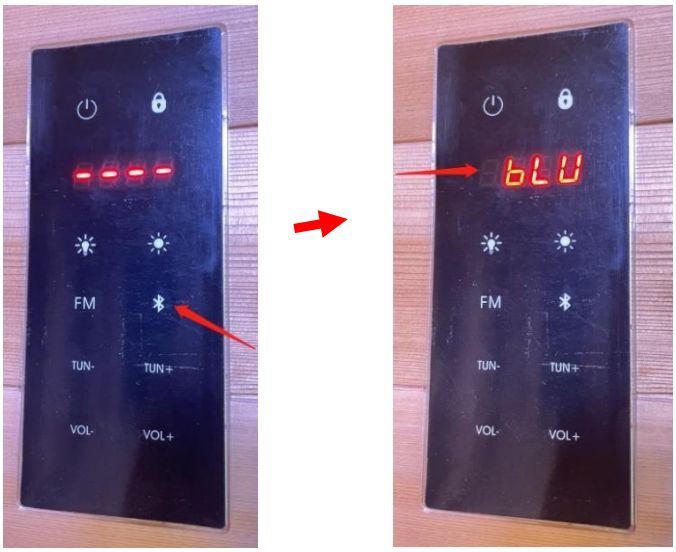
CONTROL PANEL OPERATION – Light/BT Control Panel

1. After the sauna has power, there will be no change on the Light/BT Control Panel until you press the power button. Please note that the Light/BT Control Panel is operable when the Infrared heaters are ON or when the Stove heater is ON. When the power button is pressed, you will see (4) lines displayed.

2. On the Light/BT Control Panel, you will see a light bulb icon. This button operates the interior color light and roof lights. Pressing the button turns these lights ON/OFF.

3. On the Light/BT Control Panel and to the right of the light bulb icon, you will find the button for the bench lights. Pressing the button turns the bench lights ON/OFF.

4. Press the BT icon button to enable Bluetooth and the screen will display “bLU”. Next, you can search your device to pair with the sauna. Once paired, you will hear a musical prompt. Please note that no password is needed during the Bluetooth pairing. Press the “**TUN-**“ and “**TUN+**” to select a song. If you would like to listen to the radio, you can select the ”FM” button. Use the “**TUN-**“ and “**TUN+**” to scroll through the radio stations. Press the “VOL-“ and “VOL+” to adjust the volume.



5. If the user does not press any buttons for longer than 3 minutes, the control panel will “lock” as a safety feature. When pressing any buttons on the control panel after the 3 minutes, the screen will display “**LOC**”. To unlock the control panel, press and hold the “ “ button.

Tips for using Your Sauna

1) If you take a hot/warm shower or bath before using your sauna, you may perspire more and experience more comfort.
2) Drink water prior to, during, and after your sauna session to replenish body fluids.
3) The ventilation vent is installed on the sauna and should never be obstructed.
4) You can use 2 towels during your sauna session. Fold one of the towels several times and place it on the bench. This towel will absorb some of your perspiration while adding comfort as you sit on the bench. Use a second towel to wipe perspiration from your body from time to time.
5) This is a non-commercial sauna. For every four hours ON, the sauna must be turned OFF for one hour to cool down.
6) At the first sign of a cold or flu, increasing your sauna sessions may be beneficial in boosting your immune system and decreasing the reproductive rate of viruses.
7) To help relieve sore and tense muscles, massage the affected areas during your sauna session.
8) The peaceful and relaxed state rendered by a sauna session may help you to sleep easier and deeper.
9) To protect the user from coming into contact with the heater, be sure to install the heater wood guard.
10) After the sauna session is over, do not jump into the shower or bath immediately. Because your body was heated up during the sauna session, it will continue to perspire even after you exit the sauna room. Sit in the sauna with the door open slightly and let your body cool down. Once your body has cooled down and you feel comfortable, you can exit the sauna. After about twenty minutes and when your body has completely cooled down, you can take a shower to rinse the perspiration off your body.
11) To avoid a hazard, do clean the sauna floor of all perspiration and debris after each sauna session.

Safety Instructions

1.) Read and follow all instructions carefully before using the sauna.
2.) When installing and using the electrical equipment, safety precautions should always be followed.
3.) To reduce the risk of injury, do not allow children to use the sauna unless they are directed by a medical doctor and are closely supervised at all times by an adult.
4.) Do not use the sauna immediately following strenuous exercises. Wait at least 30 minutes to allow the body to cool down completely.

5.) Pregnant or possibly pregnant women should contact their physician prior to using the sauna. Excessive temperature has a high potential for causing fetal damage during pregnancy.

6.) **Hyperthermia Danger**: the normal body temperature can't rise above 39°C (103°F). Symptoms of excessive hyperthermia include dizziness, lethargy, drowsiness, and fainting. The effects of excessive hyperthermia may include failure to perceive heat, physical inability to exit sauna, unawareness of impending hazard, unconsciousness and fetal damage in pregnant women. Hyperthermia could make your body's core temperature rise. Setting desired temperature to an excessively high temperature is not recommended.

7.) The use of alcohol, drugs, or medications prior to or during the sauna session may lead to unconsciousness and/or other harmful physical injuries.

8.) Persons suffering from obesity or with a medical history of heart disease, low or high blood pressure, circulatory system problems, or diabetes should consult a physician prior to using the sauna.

9.) Persons using medications should consult a physician before using the sauna. Some medications may induce drowsiness while others may affect the heart rate, blood pressure, and/or blood circulation.

10) Exercise care before and after sauna use.

11) Never sleep inside the sauna.

12) Do not use any type of cleaning agents on the interior of the sauna. Only wipe down with a cloth and water.

13) Do not stack or store any object on top or inside the sauna.

14) If the heater cord becomes damaged, it must be replaced immediately by a certified electrician. If you find the power cord is too hot or that the electrical equipment may be experiencing technical problems, please contact the manufacturer of the heater or its agent immediately to avoid hazardous conditions.

15) Do not use the sauna during an electrical storm to avoid risk of shock.

16) Do not touch the glass door hinges during sauna use as they become very hot to the touch.

17) Your hands must be dry and free of moisture before plugging and unplugging cords and wiring harnesses. Never operate the sauna with wet hands or wet feet to avoid risk of electric shock. Never touch the metal prongs of the plug.

18) Do not attempt to make any repairs yourself without contacting the manufacturer first. If a problem occurs with the sauna, please contact seller, distributor, or the manufacturer to avoid safety risks. Unauthorized repair attempts will void the manufacturer’s warranty.

19) Please make sure the supplied power meets the specifications required. Failure to meet the requirements may cause safety risks.
20) Do not attempt to touch any electrical parts or make repairs on your own when using the sauna.
21) Do not bump, hit, or break the heater as it may cause an electrical short and pose a safety risk.
22) Do not make any modifications to the sauna, the sauna structure, or the sauna components.
23) Prior to each sauna session, the sauna room is to be inspected for correct operation. If for any reason your sauna room does not seem to be operating properly, discontinue use and contact the manufacturer.

Safeguards For Your Sauna

1. Do not install the sauna near an open water source.
2. Do not use liquid cleaners or aerosol cleansers inside the sauna. Make sure the power source is off before cleaning. Use plain water and a soft cloth for cleaning.
3. The power cord should be routed so that it is not walked on or pinched by any object that may be placed against it.
4. When replacement parts are required, be sure they meet the specified requirements of the manufacturer. Unauthorized substitutes may result in fire, electric shock, or other hazardous conditions. After any repairs, please ask the service technician to perform safety checks to determine that your sauna is working properly.
5. Do not use any wall receptacle adapter or extension cords. The heater must be hardwired by a certified electrician. Make sure the electrical cord is not crushed or pinched.
6. For sauna rooms with exterior wood finishes, you will need to maintain the exterior finish. **Never use stain on the interior of the sauna as it must remain all natural.** Consult the stain manufacturer for any off-gassing concerns. Please note that the cedar wood does start turning grey after approximately 1 – 2 years if the wood is not maintained with a UV protectant.
7. To clean the interior, you can vacuum and sweep down the floors. Use water and a non-toxic cleaner with a damp cloth to wipe down the entire sauna including the benches and walls. For cleaning the heater and stones, please refer to the manufacturer's instructions. Improper use or placement of stones within the heater can result improper performance of the heater and hazardous conditions. Please note that the heater must be OFF and covered when cleaning the interior of the sauna so not to damage any of the components of the heater, especially if you hose down the interior of the barrel sauna.

Limited Lifetime Warranty

***Limited Lifetime Warranty**: Golden Designs, Inc. warranties the sauna room against defects in material and workmanship for the life of the product from the original date of purchase. **The sauna is for indoor use or outdoor use depending on the model. When placed outdoors, a water proof cover or the sauna shingle roof may be installed to cover the sauna room for protection. Any damage due to direct exposure to outdoor weather elements such as rain, snow, sun, wind or extreme temperatures will not be covered by this warranty if your sauna was not designed to be directly in the weather elements. Any damages as a result of modifications made to the sauna or its components will void this warranty.**

Extent of Warranty: This limited warranty applies to products manufactured or distributed by Golden Designs, Inc. under the Golden Designs Inc. brand name, delivered in the contiguous United States or Canada and extends to the original purchaser at the original site of installation only. This warranty becomes valid at time of purchase and terminates either by specified time frame, owner transfer, or relocation. The warranty extends to the sauna room and excludes the heater as it is covered by its own manufacturer warranty. **Your sales receipt showing the date of purchase of the product is your proof of purchase.**

Manufacturer Warranty

All Golden Designs, Inc. products are manufactured with the highest quality and are warranted to be free from defects in material and workmanship at the time of delivery. The warranty is extended through the manufacturer for the product including, but not limited to: sauna room, sauna control panel, and the connected wire harnesses. All exchanged parts and products replaced under this warranty will become the property of Golden Designs, Inc. Golden Designs, Inc. reserves the right to change for any part not covered under the existing warranty. Any parts determined to be defective must be returned to Golden Designs, Inc. at its discretion to obtain warranty service. You must prepay any shipping charges, export taxes, custom duties and taxes, or any other charges associated with the transportation of the parts. In addition, you are responsible for insuring any parts shipped or returned. You must present Golden Designs, Inc. with proof of purchase documents (including the date of purchase). Any evidence of alteration, erasing or forgery of proof of purchase documents will be cause to **VOID** this limited warranty. Products on which the serial number has been defaced or removed is not eligible for warranty service. The product warranty covers parts, but does not cover labor.

Warranty Limitations

This warranty does not apply if the unit has been subject to full commercial use, negligence, alteration, modification, misuse, abuse, repairs by non-Golden Designs, Inc. authorized personnel, inappropriate installations, or any case beyond the control of Golden Designs, Inc. invalidating this warranty including but are not limited to:

- Improper use of lacquer or paints
- Sauna and other Golden Designs, Inc. products accessories placed on non-approved surfaces
- Outdoor applications not protected safely from outdoor weather elements, including the glass door
- Normal wear and tear or weathering
- Use of product not in accordance with instructions

- Improper use of the sauna
- Moisture or water seepage

Surface cracks are not considered defects in material or workmanship, as they are normal characteristics of all woods. This includes minor cracks due to wood expansion and contraction. Since the wood used in construction may have been kiln dried, a certain amount of expansion and contraction occurs in the wood in a sauna environment. Please note that water seepage will not hurt the wood and is a normal tendency of outdoor application. The water will usually dry quickly due to the heated environment. If you want to keep the sauna completely dry, you will need to install the barrel sauna under a covered structure.

Disclaimers

Salus Saunas, shall not be liable for loss of use of sauna or other Salus Saunas products or other secondary or incidental or consequential costs, expense or damages - which may include the removal of permanent structures or other custom fixtures or the necessity for crane removal - arising directly or indirectly out of the use or inability to use the product. Any implied warranty shall have duration equal of the applicable warranty stated above. Under no circumstances shall Salus Saunas or any of its representatives be held liable for injury to any person or damage to any property, however arising. Specifications are subject to change without notice or obligation.

Legal Remedies

This limited warranty gives you specific legal rights. You may have other rights, which may vary from state to state.

Customer Service

For customer service, contact your authorized dealer. If you need additional information or assistance, please email Salus Saunas, Inc. at sales@salussaunas.com or call (888) 287-0111.

*Limited Lifetime Warranty of Sauna Products is 7 years on wood structure (when properly maintained), control panel, and applicable control panel harnesses and lights from the date of purchase. Stove/heater is covered under its manufacturer's applicable warranty.

WARRANTY CARD

3550 Jurupa Street, Unit B
Ontario, CA 91761

Please include a copy of your sales receipt showing date of purchase as this will serve as proof of purchase.

Warranty will be VOID if the following warranty card is not mailed back within 60 days of purchase date along with proof of purchase.

****Serial number (S/N) is located on the sauna's front panel, rear panel, or on the carton.****

DETACH HERE

. . . . . .

WARRANTY CARD

All fields must be completed to validate the warranty.

Name: _____

Address: _____

City:_____State:_____Zip Code: _____

Phone Number: _____

Purchase Date: _____

Product Name: _____

Purchase From: _____

Serial Number: _____

IMPORTANT SAFETY INSTRUCTIONS

DANGER: Indicates a hazardous situation that, if not avoided, will result in death or serious injury.

WARNING: Indicates a hazardous situation that, if not avoided, could result in death or serious injury.

CAUTION: Indicates a hazardous situation that, if not avoided, could result in minor or moderate injury.

NOTICE: Indicates information considered important, but not hazard-related.

READ ALL INSTRUCTIONS BEFORE INSTALLATION AND USE TO AVOID INURY OR DAMAGE TO HEATER

FOLLOW SAFETY INFORMATION IN THIS DOCUMENT TO AVOID SERIOUS INJURY OR DEATH

REFER TO YOUR LOCAL BUILDING CODES FOR ANY SPECIFIC INSTALLATION REQUIREMENTS

ALL ELECTRICAL WORK NEEDS TO BE COMPLETED BY A LICENSED ELECTRICIAN. FAILURE TO DO SO COULD CAUSE INJURY OR DAMAGE TO THE HEATER.

MANUFACTURERS MANUAL TAKES PRECEDENCE OVER ANY DIRECTIONS LISTED IN THIS DOCUMENT

KEEP THESE INSTRUCTIONS FOR FUTURE REFERENCE

⚠ WARNING

• This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety.

• Consult your doctor about any health-related limitations related to sauna use. Ignoring advice from your medical provider could cause serious injury or death.

• Do not let people with pre-existing health conditions bathe in the sauna on their own. Using the sauna could cause these users to lose consciousness.

• Parents should consult your pediatrician before allowing children to use the sauna. Ignoring advice from your medical provider could cause serious injury or death.

• Do not smoke, use alcohol, or exercise in the sauna. These tasks could cause users to lose consciousness.

• Do not exceed 30 min. in the sauna at one time, as excessive exposure may be harmful to health. The sauna should not be used as an endurance test.

• Do not place any combustible material over the sauna heater (towels, bathing suits, wooden bucket or ladle)! This will cause the sauna to catch fire.

• Hyperthermia occurs when the internal temperature of the body reaches a level several degrees above the normal body temperature of 98,6 °F. The symptoms of hyperthermia include an increase in the internal temperature of the body, dizziness, lethargy, drowsiness, and fainting.

• Do not sleep in a sauna in which the heater is operating. Sleeping in a heated sauna may lead to injury or death.

• Do not alter the heater in any way, unless explicitly instructed in this manual. Altering the heater could cause electrocution or fire risk.

• Only use stones approved for sauna heater use. Inadequate stones may crack or explode leading to serious injury.

⚠ CAUTION

• Keep all occupants away from the heater and when it is hot. The stones and outer surface of the heater may burn your skin.

• Do not throw excessive amounts of water on the stones. The evaporating water is boiling hot and could cause burns.

• Do not throw water directly onto the elements. This could cause burns and damage to the heater.

• Be very careful when moving in the sauna, as the benches and floors may be slippery. This could cause the user to slip and fall.